

NEWS

Studio Alexandria LA
Vital Juice - LA edition
January 8, 2010

Friday, January 8, 2010

Resolution Reinforcements

Pretty Pristine

Clean up your beauty routine.

What's lurking in your cosmetics bag? Start your year fresh by sweeping out toxic products and welcoming these healthier choices.



STICK WITH THIS.

Worried about lead in lipstick? Try SoCal gal **Jane Iredale's PureMoist Lipcolour**, a lead-free, mineral-based pick complete with SPF 18 (find it at **Green Line Beauty**). We sampled "Kate," a matte brown-red with rich opacity, a light feel and chocolaty smell.



TURN BACK TIME.

Kronos Haircare isn't all natural, but it's paraben- and sulfate-free, and we love how it works. The hair care system, designed by Cali-based Dusty Simington, is made to reinvigorate "aged," weakened, limp or lifeless hair.



LOOK INWARD.

We already liked UK- and LA-based **SpaRitual** for its low-toxin nail polishes, and now, we're wild about its **Egyptian Geranium Close Your Eyes Oil**. The easily-absorbed, deliciously-scented organic blend is an excellent moisturizer.



SWEETEN THE POT.

Waxy girl? Consider swapping your next waxing for a sugaring at **Studio Alexandria LA**. The Brentwood salon uses stretchy sugar paste to remove hair (it still hurts, but it's done at room temperature and is chem-free). **Mention Vital Juice for 40% off any sugaring service during January!**

So you can really go *au naturel*.